



# CAPITAL WAVE

## **Mini Waves A (2015-2014) - Week of September 25 (12 weeks) - \$395**

- Tuesday Sawmill 6:00pm-7:00pm
- Friday Brewer 7:00pm-8:00pm

## **Mini Waves B (2015-2016) - Week of September 25 (12 weeks) - \$395**

- Friday St-Laurent 6:00pm-7:00pm
- Sunday Splash Wave 5:00pm-6:00pm

## **Junior Waves A (2013-2012)- Week of September 11 (14 weeks) - \$650**

- Monday OttawaU 7:30pm-8:30pm
- Tuesday St-Laurent 7:00pm-8:15pm
- Saturday Brewer 6:30pm-7:30pm

## **Junior Waves B (2014-2013) - Week of September 11 (14 weeks) - \$595**

- Monday OttawaU 7:30pm-8:30pm
- Wednesday St-Laurent 7:30pm-8:30pm
- Saturday Brewer 5:30pm-6:30pm