



WINTER / SPRING 2024
Swim Meets and Water Polo Tournaments
OFFICIAL COMPETITIONS CALENDAR

Swim Meet Dates					
#	Date	Event Name	Location	City	Applicable Groups
1	Jan 19-21, 2024 (Fri-Sun)	NKB Winter Invitational (Short Course 12U / Long Course 13U+)	Nepean Sportsplex	Ottawa	All registered swimmers
2	Feb 2-4, 2024 (Fri-Sun)	Regionals (Short Course)	Nepean Sportsplex	Ottawa	Regional Qualifiers ONLY
3	Feb 10, 2024 (Sat AM)	Petawawa Cabin Fever (Short Course)	Dundonald Hall Fitness Sports & Aquatic Centre	Petawawa	All registered swimmers
4	Feb 17-18, 2024 (Sat & Sun)	GSH Sheri Ohlman Invitational (Short Course)	Richcraft Recreation Complex - Kanata	Ottawa	All registered swimmers
5	Apr 5-6, 2024 (Fri & Sat)	Perth Maple Meet (Short Course)	Perth & District Indoor Pool	Perth	All registered swimmers - not attending Provincials
6	May 4, 2024 (Sat AM)	Petawawa Vimy Ridge (Short Course)	Dundonald Hall Fitness Sports & Aquatic Centre	Petawawa	All registered swimmers - not attending Easterns
7	May 25, 2024 (Sat PM)	WAVE: The Need for Speed Meet	Brewer Pool	Ottawa	All registered swimmers
8	May 31 - Jun 2, 2024 (Fri-Sun)	Regionals (Long Course)	Nepean Sportsplex	Ottawa	Regional Qualifiers ONLY
9	Jun 9, 2024 (Sun)	Brockville Splash and Grill	Brockville and Area YMCA	Brockville	All registered swimmers
10	Jun 13-16, 2024 (Thu-Sun)	2024 Summer Ontario Youth Junior Championships (OYJ)	Markham Pan Am Centre	Markham	OYJ Qualifiers ONLY
11	Jun 14-16, 2024 (Fri-Sun)	2024 Summer Ontario Festival Championships	Etobicoke Olympium	Toronto	Festival Qualifiers ONLY
12	Jun 21-23, 2024 (Fri & Sat)	Belleville Maddy Kart Invitational	Quinte Sports and Wellness Centre	Belleville	All registered swimmers
Green means = you have to qualify for this event. Coach Fraser will let swimmers know who have qualified.					
Blue means = there is an important water polo event on the same weekend. The water polo event will take priority if selected to participate. Coach Rodrigo will notify those players.					
Yellow means = we are waiting on official dates confirmation. It may be Fri-Sat or it may be Sat-Sun.					

11U Water Polo Tournament Dates (Birth Years: 2013 and younger)					
#	Date	Event Name	Location	City	Applicable Birth Years
1	Feb 10-11, 2024 (Sat-Sun)	Forest City Invitational	Canada Games Aquatic Centre	London	2013, 2014, 2015
2	Mar 22-24, 2024 (Fri-Sun)	Shadow Future Hopes Invitational	Toronto Pan Am Sports Centre	Scarborough	2013, 2014, 2015
3	April 5-7, 2024 (Fri-Sun)	11U Provincial Championships	Etobicoke Olympium	Toronto	2013, 2014, 2015
4	May 31 - Jun 2, 2024 (Fri-Sun)	LDP Montreal Tournament	Parc Jean Drapeau	Montreal	2013, 2014, 2015

13U Water Polo Tournament Dates (Birth Years: 2011 and younger)					
#	Date	Event Name	Location	City	Applicable Birth Years
1	Jan 26-28, 2024 (Fri-Sun)	CAMO Omnium Invitational	Sports Complex of Claude-Robillard	Montreal	2011, 2012, 2013
2	Feb 10-11, 2024 (Sat-Sun)	Forest City Invitational	Canada Games Aquatic Centre	London	2011, 2012, 2013
3	Mar 22-24, 2024 (Fri-Sun)	Shadow Future Hopes Invitational	Toronto Pan Am Sports Centre	Scarborough	2011, 2012, 2013
4	May 10-12, 2024 (Fri-Sun)	13U Provincial Championships	Wayne Gretzky Sports Centre	Brantford	2011, 2012, 2013
5	May 31 - Jun 2, 2024 (Fri-Sun)	LDP Montreal Tournament	Parc Jean Drapeau	Montreal	2011, 2012, 2013

15U Water Polo Tournament Dates (Birth Years: 2009 and younger)					
#	Date	Event Name	Location	City	Applicable Birth Years
1	Jan 19-21, 2024 (Fri-Sun)	Tournament of Courage	City Center Aquatic Complex	Vancouver	2009, 2010, 2011
2	Jan 26-28, 2024 (Fri-Sun)	CAMO Omnium Invitational	Sports Complex of Claude-Robillard	Montreal	2009, 2010, 2011
3	Mar 22-24, 2024 (Fri-Sun)	Shadow Future Hopes Invitational	Toronto Pan Am Sports Centre	Scarborough	2009, 2010, 2011
4	April 5-7, 2024 (Fri-Sun)	15U Provincial Championships	Etobicoke Olympium	Toronto	2009, 2010, 2011
5	May 3-5, 2024 (Fri-Sun)	15U Eastern National Championships	Markham Pan Am Centre	Markham	2009, 2010, 2011
6	May 31 - Jun 2, 2024 (Fri-Sun)	LDP Montreal Tournament	Parc Jean Drapeau	Montreal	2009, 2010, 2011
Yellow means = waiting on confirmation					

17U National Championship League (NCL) Water Polo Dates (Birth Years: 2007-2010)					
#	Date	Event Name	Location	City	Applicable Groups
1	Jan 5-7, 2024 (Fri-Sun)	17U NCL Weekend #2	Nepean Sportsplex	Ottawa	Selected individuals ONLY
2	Feb 2-4, 2024 (Fri-Sun)	17U NCL Weekend #3	Markham Pan Am Centre	Markham	Selected individuals ONLY
3	Mar 1-3, 2024 (Fri-Sun)	17U NCL Weekend #4	Etobicoke Olympium	Toronto	Selected individuals ONLY
4	Apr 12-14, 2024 (Fri-Sun)	17U NCL Eastern National Championships	Sports Complex of Claude-Robillard	Montreal	Selected individuals ONLY
5	May 23-25, 2024 (Thu-Sat)	17U NCL National Finals	Sports Complex of Claude-Robillard	Montreal	Selected individuals ONLY

WINTER 2024
SPECIAL CLUB EVENTS

Swim Dates					
#	Date	Event Name	Location	City	Applicable Groups
1	Mar 2, 2024 (Sat PM)	WAVE WINTER SWIM BOOGALOO	Brewer Pool	Ottawa	Mini Waves A & B, Junior Waves A & B, 13U Comp

Water Polo Dates					
#	Date	Event Name	Location	City	Applicable Programs
1	Feb 9-11, 2024 (TBC)	15U/17U TACTIC MEGA WEEKEND CLINIC	Various Pools	Ottawa	15U Competitive & 17U Competitive
2	Mar 3, 2024 (Sun PM)	WAVE WINTER POLO CLASSIC Weekend #1	University of Ottawa	Ottawa	Junior Waves A & B, 13U Comp
3	Apr 14, 2024 (Sun PM)	WAVE WINTER POLO CLASSIC Weekend #2	University of Ottawa	Ottawa	Junior Waves A & B, 13U Comp
Orange means = SAVE the date					

Ambassador Dates					
#	Date	Event Name	Location	City	Applicable Groups
1	Jan 6, 2024 (Sat AM)	Ambassadors to Cornwall Sea Lions	Cornwall Pool	Cornwall	Selected individuals ONLY
2	Apr 21, 2024 (Sun PM)	Ambassadors to Perth Stingrays	Perth & District Indoor Pool	Perth	Selected individuals ONLY



WINTER / SPRING 2024 Competition Calendar Expectations:

GENERAL INFORMATION:

Please read the information carefully as well as all the specific dates and applicable groups, applicable birth years, and applicable programs.

In general, swim events will be based on training groups (ex: Junior Waves A), while water polo events will be based on birth years (ex: 13U category are for athletes born in 2011 or later).

If there is a conflicting event, such as a water polo tournament and a swim meet on the same weekend, coaches are asking you to answer to both with your availability. (Ex: if Billy is available to compete in the Petawawa Cabin Fever Swim Meet on Feb 10, but also available to participate in the Feb 10-11 Forest City Invitational Water Polo Tournament, coaches will then decide what is best for the team and for Billy). Remember sometimes we cannot take everyone to water polo tournaments due to host club limitations and/or roster limitations, so coaches will still aim to have everyone compete in either discipline that weekend.

WATER POLO EXPECTATIONS FOR 11U TOURNAMENTS

This applies to athletes born in 2013 or later. Athletes in these birth years either belong to the Junior Waves program or the 13U Competitive program.

- Unfortunately at the 11U level there aren't many water polo tournaments. It is highly recommended that if you are able to attend all, to do so. Unlike swim meets that are local, water polo tournaments are typically away.
- For the Winter/Spring 2024 term, it is expected for anyone that is within the 11U age category to be available to attend 1 out of 2 remaining invitational tournaments prior to 11U Provincials. If you can attend both, then great.
- If you can only attend one, below is the club's priority in choosing a tournament:
 - 1st - Shadow Future Hopes Invitational
 - 2nd - Forest City Invitational
- Note: the LDP Montreal Tournament does not count as 1 of your 2 remaining invitationals as it is still uncertain if it will go ahead.
- If you are selected to compete at 11U Provincials and represent WAVE at the highest level of competition for the 11U category, it is expected that you participate.



WATER POLO EXPECTATIONS FOR 13U TOURNAMENTS

This applies to athletes born in 2011 or later. Athletes in these birth years either belong to the 13U Competitive program or the 15U Competitive program.

- At the 13U level, unlike swim meets that are local, water polo tournaments are typically away.
- For the Winter/Spring 2024 term, it is expected for anyone that is within the 13U age category to be available to attend 2 out of the 3 remaining invitational tournaments prior to 13U Provincials. If you can attend all, then great.
- If you can only attend two, below is the club's priority in choosing a tournament:
 - 1st - Shadow Future Hopes Invitational
 - 2nd - CAMO Omnium Invitational
 - 3rd - Forest City Invitational
- Note: the LDP Montreal Tournament does not count as 2 of your 3 remaining invitationals as it is still uncertain if it will go ahead.
- If you are selected to compete at 13U Provincials and represent WAVE at the highest level of competition for the 13U category, it is expected that you participate.
- **IMPORTANT MESSAGE FROM THE COACHES:** This year, our coaches will be using the 15U Provincial Championship as a development tournament for most kids that are playing up. Coaches will use this 15U Provincial tournament as a prep tournament for their 13U Provincial Championship the month after. Any athletes born in **2011 & 2012** are highly encouraged by the coaching staff to be available and participate if selected for the 15U Provincial teams. WAVE is looking to field 3 x 15U Girls teams and 2 x 15U Boys teams. Aside from the 1st 15U WAVE teams at these events who are looking to win, coaches are using this event as a great developmental opportunity for our 2nd and 3rd WAVE teams to gain valuable experience.

WATER POLO EXPECTATIONS FOR 15U TOURNAMENTS

This applies to athletes born in 2009 or later. Athletes in these birth years either belong to the 13U Competitive program or the 15U Competitive program.

- At the 15U level, unlike swim meets that are local, water polo tournaments are typically away.
- For the Winter/Spring 2024 term, it is expected for anyone that is within the 15U age category to be available to attend 1 out of the 2 remaining invitational tournaments prior to 15U Provincials. If you can attend both, then great.
- If you can only attend one, below is the club's priority in choosing a tournament:



- 1st - Shadow Future Hopes Invitational
- 2nd - CAMO Omnium Invitational
- Note: the LDP Montreal Tournament does not count as 1 of your 2 remaining invitationals as it is still uncertain if it will go ahead.
- If you are selected to compete at 15U Provincials and represent WAVE, it is expected that you participate.
- WAVE is looking to enter 1 team per gender at the 15U Eastern National Championships one month after 15U Provincials. This is the highest level of competition for the 15U category in Eastern Canada and if you are selected, it is expected that you participate.

SWIMMING EXPECTATIONS AND NOTES FOR THE 13U COMPETITIVE PROGRAM AND THE JUNIOR WAVES PROGRAM WITH REGARDS TO SWIM MEETS

For the 13U's, this applies to athletes that belong to the 13U Competitive training group (not all eligible 13U players based on birth years).

- If you are NOT selected to participate in the Forest City Invitational, your athlete should attend the Petawawa Cabin Fever
- If you are NOT selected to participate at 11U Provincials, your athlete should attend the Perth Maple Meet.

SWIMMING EXPECTATIONS AND NOTES FOR THE 15U COMPETITIVE PROGRAM WITH REGARDS TO SWIM MEETS

For the 15U's, this applies to athletes that belong to the 15U Competitive training group (including those 2011 athletes that permanently belong to the 15U practice group).

- If you are NOT selected to participate in the 15U Tournament of Courage, your athlete should attend the NKB Winter Invitational.
- If you are NOT selected to participate in the Forest City Invitational, your athlete should stay in town for the important 15U/17U Tactic Mega Weekend Clinic. You should NOT attend the Petawawa Cabin Fever.
- If you are NOT selected to participate at 15U Provincials, your athlete should attend the Perth Maple Meet.
- If you are NOT selected to participate at 15U Eastern Championships, your athlete should attend the Petawawa Vimy Ridge Meet.



SPECIAL NOTES FOR SWIM MEETS:

- The GSH Invitational will be for more seasoned swimmers. This meet is not good for first time swimmers.
- Novice athletes should attend the meets in Petawawa, Perth, Brockville and Belleville for a better experience. Experienced swimmers should prioritize the GSH meet.
- Athletes are encouraged to attend both the Brockville and Belleville swim meets in June as it is a fun way to end the season.